



University of the Philippines Nursing Alumni Association International, Inc.
43rd UPNAAI ANNUAL CONVENTION PROGRAMME
The Nursing Factor: Reset, Recovery, and Resilience

PRE-CONFERENCE ON-SITE REGISTRATION

August 4, 2022 (Thursday) at 4 PM – 5:30 PM St. John's 26

Day 1: August 5, 2022 (Friday) Panzacola F2

EDUCATIONAL CONFERENCE and POSTER PRESENTATION Panzacola F1

CONTACT HOURS 5.2

6:30 AM – 9 AM Breakfast

7 AM – 1 PM

Learning Objectives: Participants will

1. Recognize the ethical impact of the Covid-19 pandemic on nurses
2. Identify strategies to mitigate moral distress in the work environment and promotion of mental / spiritual health
3. Take an active role in individual and team assessment of burn out and moral injury
4. Adopt strategies to mitigate effects of nursing shortage brought about by COVID-19 Pandemic
5. Implement archiving strategies to preserve historical records

7:00 AM – 7:30 AM Registration, Research Poster Presentations, Breakfast and Networking

Moderator: **Wendy Vaughn**, BSN'88, MSN, RN, CCRN, OCN, 1st Vice President & Chair, Education & Research Committee

07:30 AM US & Philippine National Anthems: **UPNAA Texas & The Southern Nightingales**

07:35 AM Conference Rules, Announcements & other housekeeping chores: **Wendy Vaughn**, BSN'88, MSN, RN, CCRN, OCN

07:45 AM Welcome Remarks – **Leolinda Mangaoang**, BSN'79, MA, RN, UPNAAI President, 2021-2023

07:48 AM INVOCATION – **Rina Gangozo**, BSN'92, RN, CCM, CMCN, Corresponding Secretary, Pearl Jubilarian

07:50 AM INTRODUCTION: 2022 JVSMOH Awardee - **Corazon Reyes**, BSN'79, MSN, RN-BC, Recording Secretary & Chair, Awards & Citation Committee

08:00 AM Keynote Address - **Phoebe Cabotaje Andes**, BSN'56, MA, PhD, 2022 JVSMOH Awardee

Archives: Preserving Legacies for Posterity

08:30 AM Introduction of Panel Speakers- **Wendy Vaughn**, BSN'88, MSN, RN, CCRN, OCN, 1st VP & Chair, ERC

08:32 AM **Linda Simunek**, BSN'62, EdD, JD, Diamond Jubilarian, JVSMOH Recipient 1996

The Role of Philippine Nurses in Responding to Global Nurse Shortage Post-COVID-19

09:15 AM **Ana Sonia F. Cruz**, GN'71, BSN, MA, PhD, RN, CENP

Auto-Initiated Stress Control Formula: Resiliency at Your Fingertips

09:45 AM **Wilma Tan**, GN'71, BSN, MA, RN

A Journey to Finishing Well

10:15 AM Break, Exhibits, Networking, Poster Presentations: **Celine Pico**, BSN'80, RN, CAPA, Chair, Poster Presentation

Subcommittee; **Manuela Castillo**, BSN'86, MSN, RN, President-elect & Chair, Sustainability & Viability Committee

10:30 AM **Maria Bentain-Melanson**, DNP, CCRN

Your Boss is Burned Out Too! Rethinking Resilience Among Nurse Leaders

11:00 AM Panel Discussion and Audience Q&A

11:45 AM Summative Remarks: **Phoebe Cabotaje Andes**, BSN'56, MA, PhD, 2022 JVSMOH Awardee

11:55 AM Evaluation & Closing Remarks – **Wendy Vaughn**, BSN'88, MSN, RN, CCRN, OCN, 1st VP & Chair, ERC

11:56 AM UP Naming Mahal – **UPNAA Texas & The Southern Nightingales**

12 PM–1 PM Continuation of Poster Presentations

LUNCHEON REUNION, ROLL CALL OF CLASSES and GENERAL ASSEMBLY (1pm to 4pm) Panzacola F2

Moderators: **Rosemarie Gadioma**, BSN'81, MSN, ANP, ACNP-BC, 3rd Vice President & Chair, Membership Committee

Clarizza Carroll, BSN'90, MSN, APRN, CNS, Public Relations Officer & Chair, Sunshine Club

1:00 PM National Anthems: **UPNAA Texas & The Southern Nightingales**

1:10 PM Invocation – **Rosario Antequino**, GN'71, President, UPNAA FL

1:15 PM State of UPNAAI Address – **Linda Mangaoang**, BSN'79, MA, RN, UPNAAI President 2021-2023

1:25 PM State of UPCN Address – **Dean Sheila Bonito**, BSN'92, RN, MAN, DrPH, Pearl Jubilarian

1:35 PM Annual Finance Report – **Maidaflor Maybir**, BSN'89, MSN, RN, Treasurer & Chair, Finance Committee

1:45 PM Members Q&A

2:00 PM In Memoriam – **Clarizza Carroll**, BSN'90, MSN, APRN, CNS, Public Relations Officer & Chair, Sunshine Club

2:10 PM ROLL CALL of CLASSES

Rosemarie Gadioma, BSN'81, MSN, ANP, ACNP-BC, 3rd VP & Chair, Membership Committee

Clarizza Carroll, BSN'90, MSN, APRN, CNS, Public Relations Officer & Chair, Sunshine Club

4:00 PM Closing Remarks – **Wilhelmina Ungco**, BSN'79, RN, CCRN, 2nd Vice President & Chair, Program Committee

UP Naming Mahal: **UPNAA Texas & The Southern Nightingales**

***ATTIRE: BUSINESS CASUAL. NAME BADGES must be visible at all times**